Sample Activities to Engage Men

Constructive Men’s Engagement in Reproductive Health: for Themselves, their Partners, and their Communities

- A doctor responds to a client’s concern about voluntary counseling and testing (VCT) by explaining that the results will not be shared with anyone else.
- A nurse helps a young couple decide on the type of family planning method to use.
- Satisfied VCT clients promote the service to other men in the community.
- A drama is conducted that highlights the role that men can play in preventing GBV.
- A health worker informs a group of young men about malaria prevention.
- A workshop is held that encourages men to discuss gender norms.
- A TV advertisement encourages men to use condoms.
- A march is taken in an urban city to promote equal access to antiretroviral drugs (ARVs).
- A government establishes a department within its gender unit to address men’s reproductive health.
- A community outreach worker explains the drug regime for tuberculosis to a group of community leaders.
- A doctor visits a residence hall to provide diagnosis and treatment for male students for sexually transmitted infections (STI).
- A program is held where men give talks in school about the importance of VCT.
- A radio call-in show answers men’s questions about reproductive health.
- A health worker helps a man assess his risk for HIV infection.
- A large health event is organized to provide information to men about condoms and AIDS.
- A billboard shows a photograph of a man and woman entering a family planning clinic together.
- A brochure discusses how condom use is an important part of dual protection.
- A discordant couple talks with a nurse about their safe sex options.
- A poster explains how a man can take care of his reproductive health.
- A clinic provides antiretroviral treatment.
• A doctor provides a complete physical for a young man.
• A lab conducts a CD4 count on a male client.
• An organization holds a meeting to identify policy barriers to prevent men from accompanying their partners to maternal health clinics.
• A community group organizes a demonstration to put pressure on the national government to pass new legislation on the enforcement of sexual assault.
• National television and radio stations report on a new study that helps explain men’s low use of VCT and what is needed to change this.
• Members of a community-based AIDS organization meet to consider how they can more effectively work with men.