

The Life Cycle of Gender-based Violence Against Women

Time: 90 minutes

Activity Objective:

Identify stages of the life cycle of violence where gender-based violence occurs.

Materials:

Flipcharts, markers, and tape

Printed flipchart: Six Stages of the Life Cycle

Activity:

1. Explain to participants that they are going to identify the types of gender-based violence that can occur at different points of the life cycle for girls and women.
2. Use a creative way to divide the participants into six small groups. Give each group one piece of flipchart paper with one of the six stages of the life cycle written on it:

Six Stages of the Life Cycle

1. Pre-birth
 2. Infancy
 3. Childhood
 4. Adolescence
 5. Reproductive Age
 6. Elderly
3. Give the group the following instructions:
 - Brainstorm on the different types of gender-based violence that can occur at this stage of the life cycle.
 - Choose a recorder and have that person write the group's list of types on the flipchart. Ensure that it is printed in large block letters.
 - Choose a presenter to report on your group's findings.
 - Take 15–20 minutes for group work.
 4. Ask the groups to present their lists, starting with pre-birth and working through each stage of the life cycle. After each group has presented, facilitate a brief discussion by asking the following:
 - Would you add or delete anything from the different stages? Why?
 - Are there any culturally specific practices of which Westerners may not be aware?
 - Was this task easy or difficult? Why? Were there any surprises?